

# Notice to Eligible Employees

## INFORMATION CONCERNING YOUR PARTICIPATION IN THE U.S. PHYSICAL THERAPY, INC. 401(K) SALARY SAVINGS PLAN

This notice provides important information relating to your participation in the **U.S. PHYSICAL THERAPY, INC. 401(K) SALARY SAVINGS PLAN** (“the Plan”) for the plan year that begins January 1, 2020.

The notice covers the following points:

- How your Plan account will be invested;
- How you can manage your Plan account; and
- Who to contact about your Plan account.

**Note:** If you are not currently enrolled, are not eligible to contribute and/or do not have an account balance in your Plan, parts of the information on the following pages may not pertain to you. Also, if you would like more information about your Plan than what is outlined below, review the Summary Plan Description (SPD) that has been provided to you.

### HOW WILL MY PLAN ACCOUNT BE INVESTED?

The Plan lets you invest your account in a number of different investment options. As a Plan participant, you have the right to decide how to invest your account. **If you made an investment election with respect to your Plan account, the following information may not apply to you.**

Unless you choose or have chosen a different investment option, your Plan account may be invested in a default investment. Additionally, all of your future contributions to your account that you have not directed to a specific investment option in the Plan may be invested in this default investment. This default investment is known as the Qualified Default Investment Alternative (QDIA).

The Plan’s QDIA is the JH Multimanager Balanced LS. Its objective is to achieve a balance between a high level of current income and growth of capital, with a greater emphasis on growth of capital, by investing approximately 40% of the portfolio's assets in underlying portfolios that invest primarily in fixed-income securities and approximately 60% of its assets in underlying portfolios that invest primarily in equity securities.

Generally, a target risk\* asset allocation investment option offers diversification within the risk category. The risk category selected, as outlined by the investment’s name, is consistent with a target level of risk appropriate for participants of the Plan as a whole.

\*A Target Risk Portfolio (“Lifestyle Fund”) is a “fund of funds” which invests in a number of underlying funds. The Fund’s ability to achieve its investment objective will depend largely on the ability of the sub-adviser to select the appropriate mix of underlying funds and on the underlying funds’ ability to meet their investment objectives. There can be no assurance that either a Fund or the underlying funds will achieve their investment objectives.

**Note:** Even if some or all of your account is invested in the QDIA, you have the continuing right to direct the investments of your account in one or more of the investment options available to you under the Plan. If you decide to direct your investments, your transfer from the QDIA is not subject to any restrictions, transfer fees or redemption fees during the first 90 days of after the date of your first investment in the QDIA; however, other types of investment related fees (such as the investment option’s Total Annual Operating Expenses) may still apply. After such time period, your investment in the QDIA will be subject to the same restrictions, fees and expenses as are applicable to other participants who affirmatively elect to invest in the QDIA. For information about the types of fees associated with the investment option, review the “404a-5 Plan & Investment Notice”.

### WHERE CAN I LEARN MORE ABOUT MY INVESTMENT OPTIONS?

For more information about the Plan, the default investment option, as well as a listing of all of the investment options available under the Plan, review the enclosed “404a-5 Plan & Investment Notice”. It is comprised of two sections. Below is an overview of each:

#### General Plan Information:

- General operational and identification information about the Plan, like how to make investment elections;
- Information on the administrative expenses that are deducted from your account to pay for services like record keeping and consulting; and
- Information on the individual fees that may be deducted from your account if a particular service is used.

#### Investment Comparative Chart:

- A link to a glossary to help you understand commonly used investment terms;
- Year-to-date and average annual total returns for each Fund, along with appropriate benchmark for comparison purposes;
- The type or category of the investment (e.g., equity, bond, other);

- Total Annual Operating Expenses, also known as expense ratio, expressed as both a percentage of assets and a dollar amount per \$1000 invested;
- Shareholder type fees (e.g., redemption fees); and
- Access to the Fund sheet through a specific URL that is listed under the name of each investment option. (Simply enter the website address into your browser to access the information.)

### **MAKING CHANGES TO YOUR INVESTMENTS**

If you decide that you want to invest your account differently than described above, you may move all or any part of your account balance to other investment options offered under the Plan. To access and update your account information or to make changes to your investments, go to John Hancock's participant website: [www.jhpensions.com](http://www.jhpensions.com). There, you can also access information on all the investment options available under the Plan from the "Investment Options" page, including Fund sheets and an electronic version of the enclosed "404a-5 Plan & Investment Notice". You can also call the John Hancock toll-free line at 1-800-395-1113 (or 1-800-363-0530 for Spanish).

### **IMPORTANT CONSIDERATIONS WHEN MAKING INVESTMENT DECISIONS**

When making investment decisions, it is important to carefully consider your personal circumstances, current savings, monthly earnings and retirement lifestyle goals and risk profile. The principal value of your investment in any investment option, as well as your potential rate of return, is not guaranteed at any time. Also, neither asset allocation nor diversification ensures a profit or protects against a loss. Investment options can suffer losses at any time, and there is no guarantee that any investment option will provide adequate income at and through your retirement. Also, past performance is no guarantee of future results.

### **HOW DO I MANAGE OR MAKE CHANGES TO MY PLAN ACCOUNT AND/OR PLAN PARTICIPATION?**

You have many options at John Hancock to manage your Plan account and make changes to your elective contributions or your Plan investments. For example, you can log onto John Hancock's participant website at [www.jhpensions.com](http://www.jhpensions.com), or call toll-free at 1-800-395-1113 (or 1-800-363-0530 for Spanish).

To register for the website, have on hand the Contract number (noted below) and your SSN. If you are enrolling into the Plan for the first time, have the following information on hand:

- Your Contract Number: 83079
- Your Enrollment Access Number (EAN): 51310

### **WHOM DO I CONTACT IF I HAVE QUESTIONS?**

If you have additional questions about the information in this Notice, how the Plan works, your rights and obligations under the Plan, or if you would like to obtain a copy of the Plan's SPD or other Plan documents, contact your Plan Administrator as noted below. For your reference, this and other notices made available by the Plan may be available to you from the "My Plan Notices" page of John Hancock's participant website.

**Tracey Sullivan**

**U.S. Physical Therapy, Inc.**

1300 West Sam Houston Parkway, Suite 300

Houston, TX 77042

(713) 297-6358

tsullivan@usph.com